

IN THE KITCHEN...



ACTIVITY: MY FAMILY DRINKS THIS SO THEY WOULD GET STRONGER



WHY? MY MOM SAID THE SOUP WILL GIVE ME ENERGY AND HELP ME GET STRONGER

IN THE BEDROOM...



ACTIVITY: THIS SPRAY HEALS MY CANKER SORES.



WHY? MY MOM SAID IT WOULD HEAL MY CANKER SORE.

IN THE LIVING ROOM...



ACTIVITY: I TAKE THIS CHINESE THROAT CANDY FOR MY SORE THROAT.



WHY? MY MOM'S DOCTOR SAID IT WILL HELP MY SORE THROAT.

IN THE KITCHEN...



ACTIVITY: I DRINK SALTED LEMONS WITH HONEY WHENEVER I HAVE A COUGH.



WHY? MY MOM SAID IT WILL HELP ME CURE MY COUGH.

IN THE BATHROOM...



ACTIVITY: WE WASH OUR HANDS EVERY DAY.



WHY? WE WON'T PUT GERMS IN OUR FOOD AND IT HELPS US WASH THE BAD STUFF IN OUR HANDS.

IN THE DRAWER...



ACTIVITY: WE RUB THIS MEDICINE ON OUR HEADS OR OUR STOMACHS WHEN WE ARE SICK.



WHY? IT HELPS US WHEN WE HAVE A HEADACHE OR STOMACHACHE.

IN THE KITCHEN



I EAT RICE



RICE HAS A LOT OF THE THINGS YOU NEED TO STAY HEALTHY SUCH AS NUTRIENTS

IN THE BATHROOM



TOO INAPPROPRIATE TO EXPLAIN



MY FAMILY BELIEVES THAT POOPING ONCE A DAY WILL HELP CLEAN YOUR BODY OF ANY BACTERIA LEFT IN IT

IN THE BATHROOM



I BRUSH MY TEETH



MY FAMILY BELIEVES THAT MAKING YOUR TEETH CLEAN WILL GET RID OF CAVITIES. CAVITIES ARE NOT HEALTHY

IN THE KITCHEN...



ACTIVITY: MY FAMILY TAKES THIS PILL WHEN THEY HAVE A STOMACHACHE.



WHY? IT STOPS THE HURTING IN YOUR STOMACH.

IN THE KITCHEN...



ACTIVITY: WHEN YOU ARE SICK, YOU RUB THIS OIL ON WITH A COIN.



WHY? WHEN ONE SPOT ON YOUR BODY HURTS, YOU TAKE A COIN AND RUB IT ON.

IN THE KITCHEN...



ACTIVITY: YOU DRINK IT.



WHY? WHEN YOU ARE SICK MY MOM SAID THAT IT MAKES YOU FEEL BETTER.

ON THE KITCHEN
COUNTER...



ACTIVITY: MY FAMILY CUTS
UP GINGER AND THEN
[PUTS IT] IN THE TEA.



WHY? THIS IS DONE AT MY
HOUSE WHEN SOMEONE HAS A
COLD.

IN THE KITCHEN...



ACTIVITY: MY FAMILY
DRINKS TEA EVERY
MORNING.



WHY? MY DAD TOLD
ME THAT TEA GIVES
YOU MORE BLOOD.

ON MY EATING
TABLE..

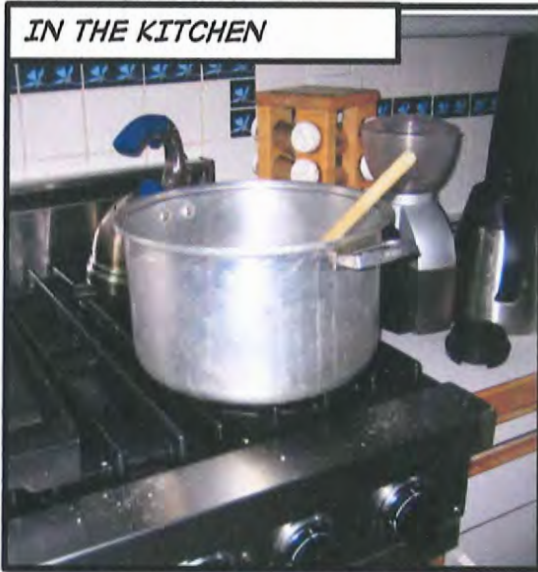


ACTIVITY: I DRINK WATER
EVERY DAY.



WHY? MY COACH SAID
TO DRINK WATER WHEN
YOU HAVE A COLD TO
CLEAN YOUR BODY..

IN THE KITCHEN



PEOPLE IN MY CULTURE
SAY TO EAT CHICKEN SOUP
WHEN YOU'RE SICK



MY FAMILY AND FRIENDS TELL
ME THAT IT WILL MAKE YOU FEEL
BETTER

IN MY BATHROOM

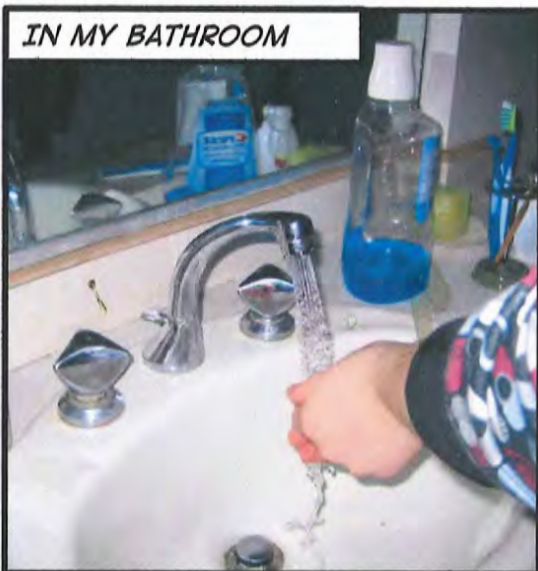


BRUSHING YOUR
TEETH



HELPS KEEP YOU
HEALTHY BY REMOVING
PLAQUE. I BRUSH MY
TEETH TWICE A DAY

IN MY BATHROOM

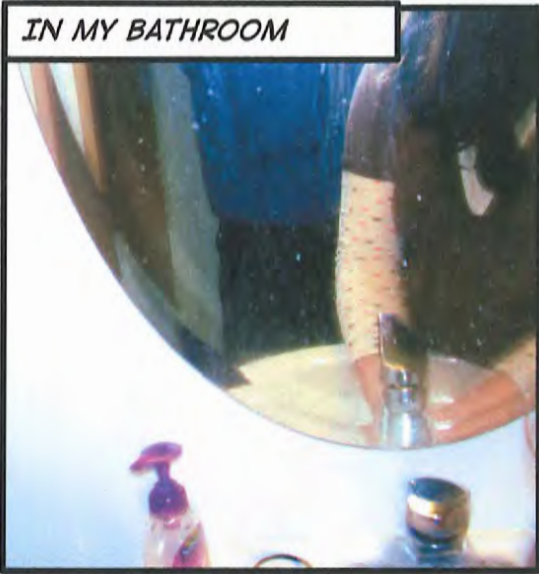


WASHING YOUR HANDS WITH
SOAP AND WATER



HELPS KILL GERMS. I
WASH MY HANDS AFTER
USING THE BATHROOM,
BEFORE EATING, AND AT
OTHER TIMES

IN MY BATHROOM



I WASH MY HANDS



HELPS WASH AWAY GERMS

IN MY BATHROOM



I BRUSH MY TEETH



SO I DON'T HAVE A
LOT OF PLAQUE

IN THE LIVING ROOM

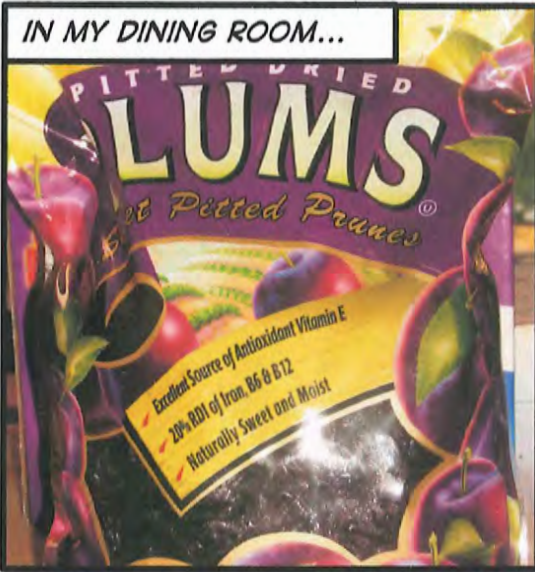


MY CARPETS CLEAN



VACUUM UP DUST
MITES AND GERMS
THAT CAN MAKE YOU
SICK

IN MY DINING ROOM...

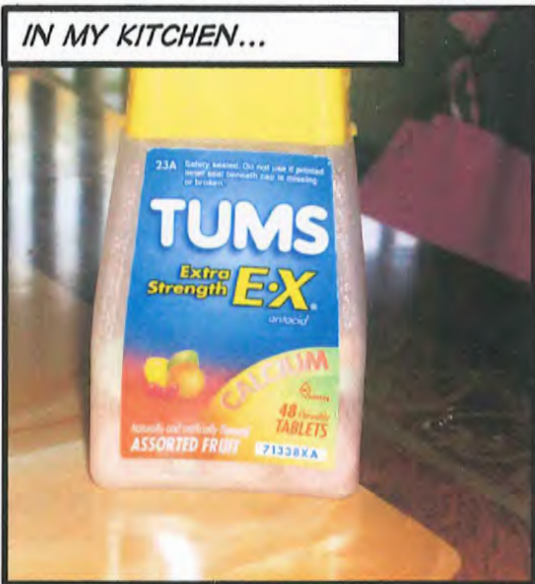


ACTIVITY: I EAT (DRIED
PLUMS THAT I TAKE) THREE
AFTER DINNERS.



Why? it makes my food
digest better.

IN MY KITCHEN...



ACTIVITY: I EAT IT
(PILLS) WHEN I GET
SICK ONLY.



Why? it makes me
feel better.

IN MY DAD'S OFFICE...



ACTIVITY: I EAT IT (YOGURT)
EVERYDAY.



Why? it makes me
have stronger
bones.

IN THE KITCHEN...



ACTIVITY: I TAKE A VITAMIN EVERY DAY.



WHY? IT GIVES ME NUTRIENTS AND HELPS ME GROW.

IN THE BATHROOM...



ACTIVITY: I USE AN AUTOMATIC PAPER TOWEL DISPENSER TO DRY MY HANDS.



WHY? THE LESS YOU HAVE TO TOUCH THE HANDLE THE LESS GERMS YOU SPREAD.

IN THE BEDROOM...

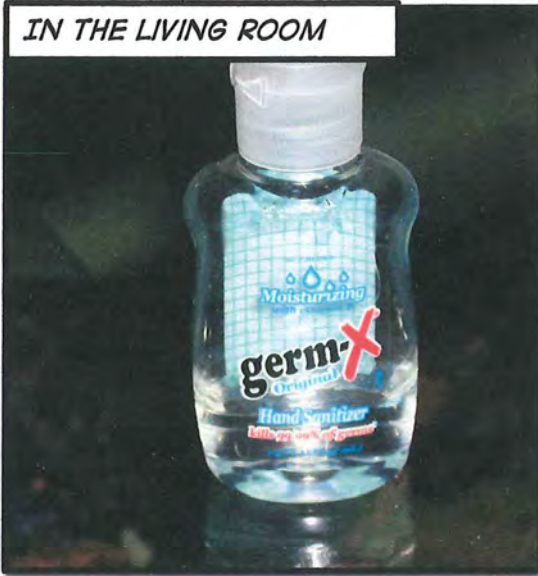


ACTIVITY: I STAY HOME WHEN I AM SICK.



WHY? I SLEEP TO HELP MY BODY FIGHT AWAY THE COLD.

IN THE LIVING ROOM



TO CLEAN MY HANDS



WHEN I TOUCHED SOMETHING DIRTY I USE IT

IN THE LIVING ROOM



THIS IS A PICTURE OF
SANITARY BALM TO
EASE THE PAIN



WHEN MY STOMACH
HURTS

IN MY KITCHEN



THIS IS A PICTURE OF SALAD
MASTERS POTS.



IT HAS METAL
COMPOSITION.
TITANIUM STAINLESS
STEEL. IT RETAINS
NUTRIENTS AND
FLAVORS OF FOOD

IN MY KITCHEN



MY FAMILY MAKES A
TRADITIONAL SOUP CALLED
PHO



MY MOTHER SAYS IT WILL
WARM YOUR BODY UP WHEN
YOU HAVE A COLD

IN MY WASHING
MACHINE ROOM



THAT I KEEP MY
CLOTHES CLEAN



TO GET THE GERMS
OFF OF THE CLOTHES
SO IT WON'T GO
BACK ON YOUR BODY

IN MY BATHROOM



I BRUSH MY TEETH



THE GERMS WILL GET
DESTROYED AND
WON'T GIVE ME
CAVATIES

IN THE BEDROOM...



ACTIVITY: I GET ENOUGH SLEEP.



WHY? SLEEP ENOUGH
SO YOUR BODY CAN
GROW.

IN THE KITCHEN...



ACTIVITY: I DRINK
SOUP MADE FROM
HERBS.



WHY? IT IS GOOD
IF YOU ARE SICK.

IN THE KITCHEN...



ACTIVITY: WE EAT VEGETABLES.



WHY? VEGETABLES ARE
FILLED WITH VITAMINS.